

Please read all of the instructions before you begin your collection.

Your doctor has recommended you catch your stone by filtering your urine. Most stones are small enough to pass out of the body on their own. Each urine collection should be filtered until stone has passed. It's also important to filter your urine during your **first-morning** void, because the stone may have passed to the bladder or urinary tract during the night.

1. Use the filter provided to filter your urine.
2. Check the filter for any particles that may be a stone. The stone may be very small so check carefully. The stone could look like a grain of sand or a small piece of gravel.
3. If a stone is found, place it in the clean, dry container provided.
 - Do not tape stone to container as tape will affect testing.
 - Do not put any liquid in the container.
 - Do not send the filter.
4. Write the source, if known, on sticker of container (i.e., left kidney, bladder, right ureter.) Place container in bag provided.
5. Keep the stone at room temperature.
6. Return the stone to your doctor's office, collection site, or wherever you were instructed to return the specimen.